

Pregnancy Is Heart History

Itemized prospective budget

Total proposed request: \$73,550. One enduring activity with a 60-minute design target. The total includes the \$20,000 myCME quote for this one activity. Other costs are estimates.

Existing prototype, curriculum, media and proposal preparation are contributed. The final request requires the current funder budget template, accepted service scopes and eligibility review.

Educator compensation: Lisa Zahakos, RPA-C

The proposed educator fee is \$13,200, included in the total (17.95%). This aggregates all proposed payments to Lisa in this budget. Contract terms and rates require provider approval.

Educational deliverable	Hours	Rate	Amount
HEART RESERVE educator: curriculum and evidence revision	60	\$150	\$9,000
HEART RESERVE educator: instructional design and assessment mapping	20	\$120	\$2,400
HEART RESERVE educator: narration and accessibility-text revision	18	\$100	\$1,800

The project limit is below 20% of the final funded total. Recalculate if the award or scope changes. Document hours and accepted deliverables. No additional personal payment is included in independent review, maintenance, technical production, hosting or outcomes services. Generic management and grant-administration fees are \$0.

All activity costs

Deliverable and proposed payee	Quantity	Rate	Amount
P01 / myCME one-activity hosting, distribution and included reporting. Quoted \$20,000 for one 60-minute Pregnancy Is Heart History enduring activity and 12 months of access. Source terms include 675 OSP learners, 500 post-test finishers and one follow-up survey per completer. Confirm definitions, included programming/reporting, survey timing and data exports in the final agreement. A survey invitation does not guarantee a response. This quote does not cover another activity. Payee: Independent mycme one-activity hosting, distribution and included reporting contributor/vendor; appointment pending	1 package	\$20,000	\$20,000
P02 / HEART RESERVE educator: curriculum and evidence revision. Lisa Zahakos, RPA-C: curriculum and evidence revision for the existing three-case activity after independent faculty review. Deliver dated revisions and a resolved review log. Scope is limited to the existing manuscript, assessment set and changed narration, with up to two consolidated review rounds. Excludes new course development, native LMS programming and independent clinical approval. Only eligible future work is requested; completed prototype work is contributed. Payment requires documented hours and accepted deliverables. Payee: HEART RESERVE / Lisa Zahakos, RPA-C; legal payee subject to agreement	60 hours	\$150	\$9,000
P03 / HEART RESERVE educator: instructional design and assessment mapping. Lisa Zahakos, RPA-C: instructional design and assessment mapping for the existing three-case activity after independent faculty review. Deliver dated revisions and a resolved review log. Scope is limited to the existing manuscript, assessment set and changed narration, with up to two consolidated review rounds. Excludes new course development, native LMS programming and independent clinical approval. Only eligible future work is requested; completed prototype work is contributed. Payment requires documented hours and accepted deliverables. Payee: HEART RESERVE / Lisa Zahakos, RPA-C; legal payee subject to agreement	20 hours	\$120	\$2,400
P04 / HEART RESERVE educator: narration and accessibility-text revision. Lisa Zahakos, RPA-C: narration and accessibility-text revision for the existing three-case activity after independent faculty review. Deliver dated revisions and a resolved review log. Scope is limited to the existing manuscript, assessment set and changed narration, with up to two consolidated review rounds. Excludes new course development, native LMS programming and independent clinical approval. Only eligible future work is requested; completed prototype work is contributed. Payment requires documented hours and accepted deliverables. Payee: HEART RESERVE / Lisa Zahakos, RPA-C; legal payee subject to agreement	18 hours	\$100	\$1,800
P05 / Preventive cardiology faculty. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent preventive cardiology faculty contributor/vendor; appointment pending	12 hours	\$350	\$4,200

Deliverable and proposed payee	Quantity	Rate	Amount
P06 / Endocrinology / obesity faculty. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent endocrinology / obesity faculty contributor/vendor; appointment pending	10 hours	\$350	\$3,500
P07 / Maternal-fetal medicine faculty. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent maternal-fetal medicine faculty contributor/vendor; appointment pending	8 hours	\$350	\$2,800
P08 / Registered dietitian. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent registered dietitian contributor/vendor; appointment pending	8 hours	\$200	\$1,600
P09 / Clinical pharmacist. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent clinical pharmacist contributor/vendor; appointment pending	12 hours	\$200	\$2,400
P10 / Independent clinical reviewer. Defined specialty teaching/content review with documented revisions and deliverable acceptance; named faculty, contribution and fair-market value not yet confirmed. Payee: Independent clinical reviewer contributor/vendor; appointment pending	12 hours	\$300	\$3,600
P11 / Activity-specific accredited-provider allowance. Accreditation review, disclosure collection/mitigation, credit designation and required accreditation reporting only. Excludes hosting, recruitment and enhanced outcomes. Remove this allowance if those services are in the publisher quote. Payee: Independent activity-specific accredited-provider allowance contributor/vendor; appointment pending	1 package	\$6,500	\$6,500
P12 / Enhanced educational outcomes analysis beyond standard host reports. First-attempt matched-item analysis, missing-data reconciliation, objective-level interpretation and one limitations-aware educational narrative. Excludes platform exports, routine participation reports, survey dispatch and accreditation reporting. Remove any deliverable supplied by the host/provider. Payee: Independent enhanced educational outcomes analysis beyond standard host reports contributor/vendor; appointment pending	60 hours	\$175	\$10,500
P13 / Unpaid learner timing-pilot facilitation. Staff administration and synthesis of time-on-task/usability observations. No learner payment, travel or personal expense is requested. Payee: Independent unpaid learner timing-pilot facilitation contributor/vendor; appointment pending	10 hours	\$125	\$1,250

Deliverable and proposed payee	Quantity	Rate	Amount
P14 / Patient-adviser educational planning consultation. Proposed content-planning role: documented review of fictional case language, patient instructions and practical barriers. Not learner participation or a replacement for removed learner honoraria. Confirm this distinct role and eligibility before contracting; otherwise remove. Payee: Independent patient-adviser educational planning consultation contributor/vendor; appointment pending	8 hours	\$100	\$800
P15 / Post-launch evidence and label maintenance. Independent clinical reviewer: scheduled release-period evidence and label surveillance, with dated clinically necessary updates. This \$3,200 scope is not additional payment to Lisa Zahakos. Existing source work is contributed; scope, rate and eligibility require provider approval. Release-period maintenance is assigned to an independent reviewer and is not an additional educator fee. Payee: Independent clinical reviewer; not additional Lisa Zahakos compensation	16 hours	\$200	\$3,200
TOTAL			\$73,550

Allocate shared content and services once. Reconcile host, provider and outcomes scopes before submission. Partial funding requires an agreed revised scope and recalculated educator fee.